### DON'T FORGET TO UPDATE on official sources!

For all information and to book the vaccine go to the dedicated website of the Lazio Region:

www.salutelazio.it/campagna-di-vaccinazione-anti-covid-19



https://prenotavaccino-covid.regione.lazio.it/main/home



### Check for any updates on the AIFA website:

www.aifa.gov.it/domande-e-risposte-su-vaccini-covid-19



Facebook: Salute Lazio Twitter: @SaluteLazio Instagram: salutelazio

Made in collaboration between:











Thanks to the contribution of the TIM Foundation



as part of the "Leave no one behind" project of Sanità di Frontiera Onlus Translation by Doctors of the World





### LET'S STOP THE PANDEMIC. TOGETHER!

To change the course of this pandemic, we must use all available means of prevention:

- •Protective and preventive hygiene behaviours : correct use of the mask, regular hand hygiene and interpersonal distancing of at least 1 meter.
- The vaccines

#### The vaccines

Vaccines support and strengthen your natural defences so your body is ready to fight the virus. There are currently several types of vaccines authorized in Europe and even if they act differently, ALL will definitely protect you!

Vaccines are:

- effective: Scientific studies show that COVID-19 vaccines are very effective in avoiding developing severe forms of the infection.
- **free:** they are a right for everyone!
- not mandatory, but necessary for the protection of the majority of the population.



#### How do they work?

COVID-19 vaccines help the immune system recognize and block a part of the virus that causes COVID-19, preventing it from multiplying in our body.

The effect of vaccines on our body is to keep antibodies against COVID-19 in memory for as long as possible.

Most vaccines are administered in 2 doses, spaced several weeks apart. For the protection to be complete, it is important to receive both doses!

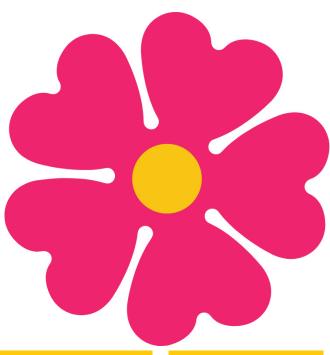


# And after the vaccine, what happens?

Immediately after the vaccine we will be asked to wait 15-30 minutes to check for any immediate reactions.

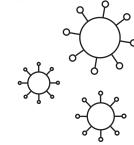
- •In the days following the vaccine it is normal to have side effects, it means that the immune defences are activating.
- •The most common side effects are mild and disappear after 1 or 2 days: redness and / or pain in the injection area, fatigue, headache, muscle aches, fever.
- •If these symptoms persist for more than 3 days or if you have unexpected side effects, call your family doctor or the ASL number (managed by Doctors of the World) +39 3510221390.

In case of emergency, always call 112 or go to the emergency room



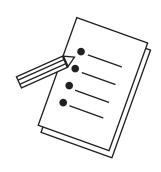
# Is the protection effective immediately?

No: full effectiveness is considered effective 2 weeks after the second dose (in the case of 2 doses)



### After the vaccines

The vaccinated and the people who are in contact with them must continue to comply with the anti-COVID-19 protective measures: correctly wear a mask that covers the nose and mouth, maintain an interpersonal distance of at least 1 m and avoid crowds.



#### More info...

## Will the vaccine be available to everyone?

Yes, for all people who live in the Lazio Region: it started with older people and those at risk either from illness or from the work they do.

### Will only Italian citizens be vaccinated?

All people present on the Italian territory will be vaccinated: residents and non-residents, with or without a residence permit.

Even if you have already had COVID-19 you can get vaccinated, but you will have to wait at least three months after recovery.

If you are pregnant or breastfeeding, talk to a healthcare professional to consider getting vaccinated.

If you have difficulty accessing the vaccine, ask your doctor or the STP / ENI clinic or one of the associations you know for help.

