

Think twice. **SEEK ADVICE**

Taking antibiotics when they are not needed accelerates emergence of antibiotic resistance, one of the biggest threats to global health.



Not all infections can be treated with antibiotics; antibiotics don't cure viruses like colds and flu



Overuse of antibiotics can cause bacteria to become resistant, meaning current treatments will no longer work



Antibiotics are not always the answer. Do not demand antibiotics if your health care professional says you don't need them



Only take antibiotics prescribed to you, do not share them with family or friends

ALWAYS SEEK THE ADVICE OF A QUALIFIED HEALTH CARE PROFESSIONAL WHEN TAKING ANTIBIOTICS



For animals, seek advice from a qualified veterinarian



Misusing and overusing **ANTIBIOTICS** puts us ALL at risk



Taking antibiotics when they are not needed accelerates emergence of antibiotic resistance, one of the biggest threats to global health



Antibiotic resistant infections can lead to longer hospital stays, higher medical costs and more deaths



Overuse of antibiotics can cause bacteria to become resistant, meaning current treatments will no longer work



YOU CAN HELP REDUCE ANTIBIOTIC RESISTANCE

Always follow the advice of a qualified health care professional when taking antibiotics



Antibiotic resistant infections can affect anyone, of any age, in any country



It is the bacteria itself that becomes resistant to antibiotics – not the person or the animal



When bacteria become resistant to antibiotics, common infections will no longer be treatable

